

Anecdote: consider your feelings in a situation where you noticed being persuaded by someone

is this my own idea? am i supported enough to say that I am confident in their persuasion

Depending on if I can understand or share their views, I would feel more or less interested in having such conversation.

Depending on the message, my contrarian nature wants to reject what they're saying

My heartbeat racing, smiling inside but my face not really showing

If I notice it, I feel cheated and like I want to do the opposite of what they were trying to get me to do.

When someone shows me statistics to actually prove the use of something with positive emotions, I get convinced and end up buying something.

I always feel like the persuader is trying to get something out of me rather than change my opinion on a subject matter.

Tone of voice is a huge indicator. Depending on the idea they're presenting, it can go either way. I can be excited by what they're saying and engaged or I can mentally check out

Should I do this because I know it's good for me, whether subconsciously or consciously

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If they're doing a good job and i can tell I am being persuaded, sometimes I just let it in.

Using guilt to get me to do something. It did not feel good but very effective

I usually notice if I veer away from my initial plan to do a certain thing and instead do something else. Usually I feel alright with the new decision but sometimes I'm just confused with myself

I notice my thoughts/morals/beliefs starting to align to what they are saying (seeing if I agree or disagree)

When the person is constantly asking me to assure that i am listening and keeping up with the conversation. Their attempt to make sure that im convinced lets me notice the person is persuading me

I usually notice when they have convinced me to do something I don't want to do, sometimes begrudgingly or I'm excited to be convinced

Feeling a little bit manipulated, and being uncomfortable but trying not to show it

i begin to weigh pros and cons

Generally feels a little bit like losing; when I am persuaded to do something I was initially opposed to, it makes me question both their and my convictions

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If i agree with what the person says, i would feel inspired; but if i cant emotionally relate to the person, i would feel a bit reluctant

They began to ask me questions to fit their narrative that were tone deaf to my previous answers. I felt talked down to

I notice when the person tries to be indirect about their persuasion (e.g. would you do this for me because of x, even though doing x would give me y which I'm really after). I feel more alert when i sense this.

If I agree with the opinion, I let myself be persuaded.

I feel a bit disgusted by the sneakiness, and typically tell the person to come right out and ask for what they want

I would probably be defensive of my position at first, regardless of what the truth is. I would be fully convinced if and only im given a set of facts or data sourced from credible experts.

I catch myself and try to evaluate their argument based on my own experience/logic, then respond accordingly

I could tell it went against what I thought I should be doing, but I think part of me wanted to be convinced

I noticed it by the choice of words that the person was using. I pretended like I wasn't being persuaded.

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When I. logically persuaded by something but not emotionally persuaded or vice versa, it can cause a lot of internal tension. It's rare for me to be persuaded in both ways simultaneously

I think it depends on who/what is being persuasive and how passionate I am about the subject. It makes me second guess myself a lot.

What the other person is saying starts to "make sense" and I go :o in my head, and then if I don't want to give in, I would look for counters arguments

